



# South West Chronicle

## FEATURED STORY



*Cabri Summer Play Program*

# Summer Play Patrol Program



*Mentors Chelsey Skeoch & Olivia Dyck*

## **Quality, Accessible, Child-Centered Play Programs for 15 Rural Communities**

The SWDCRS has wrapped up another successful year of the Summer Play Patrol Program. This year the program provided funding to rural communities to help run a summer play program for children between the ages of 5 to 12 years as well as funding to employ a local Youth Play Leader. Youth Play Leaders received training in the HIGH FIVE principles of Healthy Child Development, then went on to plan and deliver summer play programs for their communities during the months of July and August.

The SWDCRS provided financial support to 13 communities and mentor support to 15 communities in the South West District. To support our communities and provide mentorship to their Youth Play Leaders, the District employed two Summer Play Mentors. Chelsey Skeoch worked out of the Swift Current program office and Olivia Dyck worked out of the Moose Jaw program office. Throughout the summer Chelsey and Olivia would visit each of the Play Patrol communities, often several times, to provide support, suggest ideas and answer questions. Together with our participating communities, we were able to offer quality active and creative play programs to over 660 children in the South West District. Chelsey and Olivia did a great job with the 2012 Summer Play Patrol communities and were a great addition to the South West District staff team for the summer months.

***"I enjoyed my job as the Play Leader this summer. The experience I gained as a Take the Lead Leader and the Play Leader training helped me and I hope to return next summer to make it even better and more exciting. Who wouldn't want to have this job in the summer, it's so great."***

## **2012 PLAY PATROL COMMUNITIES**

- ANTELOPE LAKE
- BEAVER FLATS
- BENGOUGH
- CABRI
- CRAIK
- GULL LAKE
- HERBERT
- LIMERICK
- MORSE
- MOSSBANK
- SHAUNAVON
- SPRING VALLEY
- THOMSON LAKE
- VAL MARIE
- WOOD MOUNTAIN





## Fitness Leadership Training and Certification

**Certified Leaders enjoy the satisfaction of providing an energized environment while promoting health and fitness to people of a variety of shapes, sizes and ages.**

If you have always wanted to be a fitness leaders or if your community has always wanted to have a certified fitness leader and could not afford to pay the expenses of training, this is an opportunity you do not want to miss. SWDCRS is pleased to be offering Fitness Leader Training to anyone 18 years of age.

This valuable SPRA Certified Fitness Leadership training is provided to our member communities at a subsidized rate thanks to the partnership between SWDCRS, the Saskatchewan Community Initiative Fund Physical Activity Grant, the Saskatchewan Lotteries, and the Saskatchewan Parks and Recreation Association.

Training modules being offered includes Fitness Theory Course, and Fitness Certification Modules in Older Adults, Group Exercise and Aqua Fit. Please note: the Theory Module is a prerequisite to the additional courses being offered.

Our lead facilitator is Mimi Loden, a Healthy Workplace Educator, and a SPRA Fitness Leadership Program Course Conductor from the Saskatoon Health Region. Mimi has delivered fitness programs since the 80's in Saskatoon and numerous rural communities.

So, if you have been considering part time work, or like to set your own hours, or like to be a role model for your children/community, or

enjoy meeting new people and making new friends, or you want to get or remain fit for healthy benefits, consider registering for the following.

**Fitness Theory Module \$100.00/person**  
(prerequisite to future modules)

Non Refundable Payment includes course fees, manuals, exam fees, 2 nights shared accommodation.

Friday October 12th ~ 5:00 pm to 10:00 pm

Saturday October 13th ~ 8:00 am to 5:00 pm

Sunday October 14th ~ 8:00 am to 5:00 pm

Location: Moose Jaw

Deadline for registration is Mon, Oct. 1, 2012

(If you've missed the Fitness Theory Module but still want to participate, please contact our Moose Jaw Program office for options.)

**Group Fitness Module \$100.00/person**  
(must have Theory)

Non Refundable Payment includes course fees, manuals, exam fees, 2 night shared accommodation.

Friday November 23rd ~ 6:00 pm to 9:00 pm

Saturday November 24th ~ 9:00 am to 5:00 pm

Sunday November 25th ~ 9:00 am to 5:00 pm

Location: Swift Current

Deadline for registration is Mon, Nov. 12, 2012

Registration and course information is available through our Moose Jaw Program Office.

# 2012 Saskatchewan Summer Games

Team South West was visible and well represented at the 2012 Saskatchewan Summer Games held in Meadow Lake July 29 – August 4. With one of our biggest teams ever, 214 athletes, coaches and mission staff from the south west competed in 13 sports. The weather for the 1st half of the Games was spectacular, while rain dampened the ground but not our spirits during the 2nd half. Softball was on a downward spiral, with both diamonds being flooded out, until a group of terrific volunteers from Meadow Lake built two new diamonds on a school ground and enabled the softball competition to go ahead. Meadow Lake, a community of 5000, did themselves proud, anticipating the needs of so many, and catering to us with over 1000 volunteers.

Flag Points are all the points awarded for finishes up to 9th. The final tally found Team South West 3rd in Flag Points, just behind Regina and Saskatoon. The 40th birthday celebration of the Saskatchewan Games program was a success – for the competitors, for Team South West, for the host community of Meadow Lake and for the Saskatchewan Games program.

Keep in mind the next Saskatchewan Games, 2014 Winter Games in Prince Albert. The following sports will be showcased: alpine skiing, badminton, biathlon, bowling, cross country skiing, curling, figure skating, gymnastics, hockey, judo, shooting, speed skating, table tennis, wrestling and synchronized swimming. Details of age requirements have not been released yet, but check our website regularly for updates.

## Go South West Go!



Showing off their medals.



Doug Ferguson (left) and Larry Johnson (right)

# VOLUNTEERS

## the Heart of Community Organizations

Volunteers are the most important resource community organizations have. The ability of people to work willingly together for the betterment of their community and themselves is a valuable resource. Volunteers bring credibility, objectivity, refreshed energy and new ideas.

Each year, the South West District's Volunteer Awards recognizes dedicated volunteers whose work in the fields of culture, recreation and sport is exemplary. Each member community is invited to nominate three names for consideration in one of three categories: youth (under 21), senior (55+) and individual.

This summer, the South West District for Culture, Recreation and Sport recognized two volunteers for their hard work and dedication. Doug Ferguson from Stewart Valley was nominated by the Stewart Valley Recreation Board, for an award in the senior's category. Larry Johnson from Swift Current was nominated by the City of Swift Current Recreation & Parks Department, for an award in the individual category.

Nominations can be submitted to any of the South West District offices. Awards can be presented at the District Annual General Meeting or in the home community of the award recipient. Nominating a worthy community volunteer is easy, simply submit the full name, contact details and a short bio of the nominee, along with your own full name and contact details. There is no deadline, nominations are accepted year-round.

### **Doug Ferguson – Stewart Valley Senior Category**

*Doug has been the chairman for the Stewart Valley Recreation Board for many years. He is also Secretary and treasurer of the Board because no one else will come forward to take it over. Doug does not want the Recreation Board to discontinue so he does the job himself. Under his guidance, Stewart Valley receives very good funding from Saskatchewan Lotteries and the local Rural Municipalities.*

*Doug has been a director on the Stewart Valley Senior's Club for many years and lends a helping hand whenever needed. He organizes and participates in the Saskatchewan Senior's Summer Games; bowls regularly in the Senior's Club 55+ and has attended provincial competitions.*

*Doug is a retired school teacher. He has coached hockey, baseball and all school athletics. He has also instructed Hunter Safety classes and was a member of the Kyle Fish and Game Legion. Doug was director on the Stewart Valley curling, skating and rink boards and community hall board. He was also a Cub Scout instructor. Doug loves to golf and helps with the local club and golf course.*

*Doug was the chairman and trustee of the local United Church board until it had to close. He would even hold the service when the minister could not make it from Swift Current on Sunday.*

*Doug has always been a full supporter of his community and district. Doug was nominated for this award by the Stewart Valley Recreation Board.*

### **Larry Johnson – Swift Current Individual Category**

*Larry has been a positive influence on the Swift Current community with 40+ years of volunteerism in Southwest Saskatchewan. He has given his time to make certain that all members of the community can take part in leading a healthy and active lifestyle.*

*Larry has made many noteworthy impacts on Swift Current, which include 40 years of coaching minor hockey including Midget AA female hockey. He founded and coaches Swift Current Wheelchair Hockey which gives the opportunity to those young and old to play the sport with no boundaries. He volunteers in whatever capacity needed for the yearly Swift Current Mixed Slo-pitch tournaments. Larry is a part of the Swift Current Kiwanis Club which focuses on volunteerism within the community. Not only does he sit on the Kiwanis Club board of directors, he also helps with blood donor clinics, delivers meals for the Meals on Wheels program, is a part of the highway clean-up crew, helps with the yearly Duck Derby event and looks after the Palliser Care Centre Fun Olympics.*

*This past year Larry was a key community member to help bring the Rick Hansen 25th Anniversary Relay to Swift Current. He was key in developing a skating relay for youth and lining up a wheelchair hockey demo.*

*Larry always puts 100% into whatever he commits himself to and spends countless hours helping family, friends and neighbours in whatever way he can. It is because of Larry's long term devotion to his community of Swift Current that the City of Swift Current Recreation & Parks Department nominated him for this award.*



# UPCOMING EVENTS



Watch for these upcoming events this fall/winter.

- **Recreation Practitioners Meeting** – A meeting for those working in the community recreation field. A great opportunity to network and learn new community recreation ideas.
- **Operations Culture** – A meeting for those working or volunteering with cultural organizations or cultural events in the south west. A great opportunity to build a cultural support network.
- **Grant Writing Workshop Tour** – The second round of our very successful grant writing workshop tour returns with a more thorough look into the specifics of grant writing.
- **Take the Lead Leaders in Motion Youth Conference** – Watch as the Glentworth Youth Take the Lead Leaders in Motion plan and deliver a full day of youth leadership discussions. Guest speakers will share their knowledge of self-improvement, physical activity, nutrition, team work and so much more.

**Do you have suggestions or ideas for programs or services we can offer?**

**We'd love to hear from you.**



Photo Courtesy of Maple Creek News

## Maple Creek Celebrates Culture Days

Maple Creek kicked off Culture Days with card making; circle art; an afternoon tea; and music provided by local groups the Grandma & Grandpas and the Gull Lake Old Tyme Musicians. The backdrop for many of the events was the quilt art of Gerry Anne Hughes from Tompkins. Gerry Anne has been quilting for decades, but a stroke several years ago presented her with new challenges for future quilt art projects. She still picks her own colours and designs, but now has helping hands that help finish the work for her. The Jasper Centre was fortunate enough to receive many of Gerry Anne's quilts on loan, to set up a display throughout Culture Days.



Gerry Anne Hughes

### ABORIGINAL COMMUNITY SPORT GRANT (ACSG)

The Aboriginal Community Sport Grant (ACSG) provides greater sport participation and development opportunities for Aboriginal youth in Saskatchewan. The program assists and supports the implementation of organized community sport programs to increase sport opportunities for Aboriginal youth. Funding can be awarded up to \$5,000, per program.

**The next deadline for applications is November 15th. Please visit the District website [www.swdcrs.ca](http://www.swdcrs.ca) for application forms and guidelines.**

### MOOSE JAW PROGRAM OFFICE – New Location

The Moose Jaw Program office has moved from Lindale School to William Grayson School. Please contact Marian Campbell, Community Development Coordinator, at her new mailing address:

**William Grayson School  
Room #101 – 823 Caribou Street West, Moose Jaw, SK, S6H 2L2  
All phone and fax numbers are unchanged.**



Community in Bloom, Jasper Centre Gardens ~ Maple Creek, SK

#### MOOSE JAW PROGRAM OFFICE

**Marian Campbell**

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#### MAPLE CREEK PROGRAM OFFICE

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#### MOOSE JAW ADMINISTRATION OFFICE

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